

FEBRUARY 2025

BREAKFAST



All meals include a choice of white or chocolate milk. This institution is an equal opportunity provider. Menu is subject to change due to supply Shortage.



February is National Hot Breakfast Month. A hot breakfast can be anything from pancakes and waffles to breakfast sandwiches to oatmeal or cream of wheat. Which hot breakfasts will you try this month?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Combo bar
Yogurt & Granola
Apple slices
Juice
Milk

3

Scrambled eggs w/ bacon
Banana bread
Grapes
Juice
Milk

4

Breakfast pizza
Tropical fruit
Juice
Milk

5

Biscuit & Sausage Gravy
Yogurt & Granola
Banana
Juice
Milk

6

NO
SCHOOL

7

Oatmeal
Cheese stick
Pears
Juice
Milk

10

Omelette
Bacon
Toast
Pineapple
Juice
Milk

11

Pancake on a stick
Cheese stick
Peaches
Juice
Milk

12

Biscuit & Sausage Gravy
Yogurt & Granola
Applesauce
Juice
Milk

13

NO
SCHOOL

14

French toast
Sausage patty
Tropical fruit
Juice
Milk

17

Scrambled egg w/ sausage
Banana bread
Mandarin Oranges
Juice
Milk

18

Chicken biscuit
Hash brown
Yogurt & Granola
Strawberries
Juice
Milk

19

Biscuit & Sausage Gravy
Yogurt & Granola
Banana
Juice
Milk

20

Breakfast burrito
Pineapple
Juice
Milk

21

Blueberry muffins
Yogurt & Granola
Pears
Juice
Milk

24

Sausage, Egg, Cheese
English muffin
Fruit cocktail
Juice
Milk

25

Waffles
Sausage patty
Pineapple
Juice
Milk

26

Biscuit & Sausage Gravy
Yogurt & Granola
Applesauce
Juice
Milk

27

Breakfast casserole
English muffin
Mandarin oranges
Juice
Milk

28

FEBRUARY 2025

LUNCH



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February is American Heart Month. Keep your heart healthy by being active every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.



Reference: USDA MyPlate

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Baked Chicken
Au gratin potatoes
Baked beans / Roll
Mixed salad
Strawberries
Milk

3

Hot ham & Cheese
Tomato Soup
Yams
Broccoli
Fruit cocktail
Milk

4

Beef stew
Cornbread
Celery
Watermelon ice cup
Milk

5

Chicken spaghetti
Breadsticks
Salad mix
Peas
Pears
Milk

6

NO
SCHOOL

7

Chicken soft tacos
Lettuce, Tomato, Cheese
Ranch beans
Peas
Applesauce
Milk

10

Frito chili pie
Brown rice
Carrots
Pears
Milk

11

Chili Dogs
Fries
Celery
Carroteenies
Tang Dragon Ice Cup
Milk

12

Orange chicken
Egg rolls
Stir fry
Fried rice
Mandarin oranges
Milk

13

NO
SCHOOL

14

Salisbury steaks
Brown rice w/ gravy
Green beans
Okra
Peaches
Milk

17

Pizza
Salad mix
Carroteenies
Ranch beans
Tropical fruit
Milk

18

BBQ Chicken
Mashed potatoes
Peas
Roll
Applesauce
Milk

19

Chili beans
Cornbread
Carrots
Pears
Milk

20

Ham
Mashed potatoes / Gravy
Green beans
Roll
Fruit cocktail
Milk

21

Pulled pork
Baked beans
Mac'n'cheese
Cole slaw / Potato salad
Peaches
Milk

24

Walking taco
Brown rice
Salad mix
Fruit punch ice cup
Milk

25

Broccoli Cheddar Soup
French Bread
Cauliflower
Pears
Milk

26

Nackos w/ Salsa
WG Chips
Cauliflower
Peaches
Milk

27

Spaghetti
Corn
Fruit cocktail
milk

28